McMaster University Alumni

TOWN & COUNTRY LIFE®

LANGUEDOC
TOULOUSE • CARCASSONNE • ALBI

September 16 to 24, 2017
Dear Alumni & Friends of McMaster University,

Join us for this exclusive, specially designed, nine-day sojourn in the South of France amid the unspoiled landscapes, traditional French villages and lofty Cathar fortresses of the rich historical provinces of Languedoc-Roussillon and Midi-Pyrénées—a well-kept secret of allure and intrigue—recently redesignated the Occitania region. Immerse yourself in the unique way of life and vivid local culture during les beaux jours de l’automne (the beautiful days of autumn) and delve into the complex history, tradition and legends of its many past inhabitants, from the ancient Greeks and Romans to the Occitans and the Cathars.

During this comprehensive itinerary, one of the widely acclaimed TOWN & COUNTRY LIFE® series, experience a unique combination of both town and country, from the UNESCO World Heritage-designated medieval Cité de Carcassonne with its two concentric stone walls and 53 towers to the impossibly picturesque hilltop village of Cordes-sur-Ciel, built in the 13th century by the Count of Toulouse. Discover the seldom-visited département of Aude, dotted with quaint towns, lush olive groves and ample vineyards, where medieval monks first produced crisp Blanquette, a sparkling wine that predates Champagne. Enjoy two specially arranged wine tastings and a private cruise on the breathtaking Canal du Midi, a UNESCO World Heritage site and historic link between the Mediterranean Sea and Atlantic Ocean. Marvel at the natural wonders of the Corbières region and the Pyrénées Mountains and walk the picturesque cobblestone lanes amidst the Southern Gothic-style architecture and unique red-brick buildings of the UNESCO-designated episcopal city of Albi. Interact with local residents who will share insights into their daily lives in the Occitania region during the exclusive TOWN & COUNTRY LIFE® FORUM.

Enjoy accommodations in the historic HOTEL MERCURE ALBI BASTIDES, ideally located overlooking the River Tarn with terrace views of the medieval heart of Albi, and in the charming CHÂTEAU DE FLOURE, an authentic 16th-century French country estate. Toulouse and Cathar Country Pre- and Post-Program Options are available to further enhance your exploration of France’s best-kept secret.

This one-of-a-kind small group travel program invites you to explore le coeur (the heart) of France’s most fascinating yet undiscovered region at the best time of year, and it is an excellent value. Make your reservations today while Early Booking Savings and space are still available!

Warmest regards,

Karen McQuigge ’90
Director, Alumni Advancement

Cover: The fortified walls and cobblestone byways of medieval Carcassonne have remained intact since approximately 100 B.C.

Stroll the quiet lanes of Cordes-sur-Ciel, a scenic village founded in 1222 by the Count of Toulouse.
Experience firsthand the fascinating destinations and historic provinces that comprise captivating Languedoc—the western half of Mediterranean France that extends from the Alps to the Pyrénées—where la vie unfolds amidst centuries-old medieval villages, lively outdoor markets, verdant countryside and hectares of lush vineyards that produce some of France’s best wine.

Learn about the unique history, rhythms of daily life and generations-old customs in the heart of these quaint towns and villages, and parler (talk) with local residents as they go about their day. Enjoy an enriching small group travel experience including all excursions, charming accommodations in an authentic French château and a historic former water mill overlooking the River Tarn, and specially arranged meals—an excellent value. This exclusive program is part of the popular TOWN & COUNTRY LIFE® series that immerses you in an intimate, comprehensive travel experience like no other.

**CULTURAL ENRICHMENTS** are specially arranged and only available on this custom-designed itinerary:

- **Enjoy an authentic experience** in the historic towns, traditional villages and a rural château of France’s lesser-explored and unspoiled Occitania region, discovering intriguing Cathar legends and well-preserved medieval settlements, towns and villages, where residents live and work year round.
- **Immerse yourself** in a carefully planned, balanced itinerary of included historical and cultural guided excursions and time on your own to experience and partake in typical, local daily life in the seldom-visited département of Aude.
- **Engage** locals during the TOWN & COUNTRY LIFE® FORUM, where residents share their stories and discuss contemporary life.
- **Experience** one of the largest wine-producing regions in the world with two private, specially arranged tastings.
- **Explore** the iconic works of art by Francisco Goya and Henri Toulouse-Lautrec in the Goya Museum in Castres and in the Musée Toulouse-Lautrec in Albi.
- **Sample** traditional regional specialties during the C’EST BON! CULINARY TRADITIONS™ excursion in Castelnaudary, birthplace of cassoulet, and during specially arranged included meals.
- **Enjoy** a private cruise along one of the most scenic lengths of the historic, UNESCO World Heritage-designated Canal du Midi.
- **Walk** the quaint, cobbled rues (streets) in one of France’s most beautiful villages, Minerve, a traditional working village with small, independent boulangeries, pâtisseries et boucheries (bakeries, pastry shops and butcher shops).
- **Hear it from the Experts!** Experienced local guides will accompany you throughout the program and share their expertise on the history and culture of the undiscovered South of France.
- **Learn key phrases en français** to make your interactions with local residents all the more enjoyable.

The scenic skyline of medieval Albi, known as ‘la rouge’ for its signature red-brick architecture, is dominated by the historic monuments of Cathedral Sainte-Cécile and the iconic Pont Vieux spanning the River Tarn.
Albi

Known as ‘la rouge’ by locals for the town’s signature French Southern Gothic-style red-brick architecture, UNESCO World Heritage-designated old city of Albi became a powerful episcopal centre and market town following a crusade against the Cathars in the 13th century. Today, countless beautiful maisons Renaissance (houses) and iconic crimson brick buildings line the cobblestone streets, built with the wealth of the textile and dyeing industries that flourished here in the 15th and 16th centuries. Stroll across the River Tarn along the 10th-century Pont Vieux (Old Bridge) for a spectacular view of the city, and visit the 13th-century Cathédrale Sainte-Cécile, a masterpiece of French Southern Gothic-style architecture with an ornate interior décor—its elaborate ceiling frescoes encompass the largest and oldest Italian Renaissance paintings in France.

CULTURAL ENRICHMENTS:
◆ Tour the acclaimed Musée Toulouse-Lautrec, housed in the imposing Palais de la Berbie, which exhibits the world’s largest collection of works by Henri Toulouse-Lautrec, the famed Art Nouveau artist born here in 1864, and savour lunch in a local restaurant featuring regional wine. Enjoy time at leisure to explore Albi at your own pace.

Gaillac

The quaint town of Gaillac is located in one of the oldest wine-growing regions in France, where narrow,
Cobblestone streets are lined with bâtisse à colombages (half-timbered buildings) and open up to charming village squares. The vineyards of Gaillac produce red wines like Syrah, Cabernet and Merlot and white wines such as Mauzac and Sauvignon. Visit the historic, French Southern Gothic-style Abbaye Saint-Michel de Gaillac, a Roman-Catholic church founded in A.D. 972 on the banks of the Tarn by Benedictine monks and consecrated by the Bishop of Albi.

Cordes-sur-Ciel
Experience the 13th-century fortified village of Cordes-sur-Ciel, recently renamed for the low-lying clouds that hang in the surrounding Cérou Valley, making this jolie hilltop commune appear to float above the sky, or sur ciel. It is said to be the first ville bastide (fortified city) ever built, intended to protect its inhabitants from the siege of the Cathars, and is also believed to be the most picturesque village in all of France. Its attractive Gothic-style architecture and the sculpted, decorative façades of merchants’ houses still stand today as evidence of the wealth from the leather and cloth trades that flourished here in the 14th century.

Cultural Enrichment: In nearby Noailles, enjoy a private tasting of local wines cultivated in the verdant vineyards of a family-owned estate.

Castres
The small, scenic village of Castres was built around a Benedictine monastery founded circa A.D. 810 on the Agout River, halfway between Toulouse and Montpellier. Since the 14th century, Castres has been a great centre of the wool industry—its farmers and weavers used wool from their own sheep to make yarns, cloth and fabrics. Today, it is France’s most important producer of carded wool.

Cultural Enrichment: Tour the fascinating Goya Museum, located in the original Archbishop’s Palace and designed by one of the architects of Versailles. Named after painter Francisco Goya, this comprehensive museum houses the largest collection of Spanish artwork in France.

Castelnaudary/Canal du Midi
The charming market town of Castelnaudary—the main port of the famous Canal du Midi—is located on the Roman route from Toulouse to the Mediterranean and is the birthplace of one of France’s most beloved regional specialties, le cassoulet.

Cultural Enrichment: Enjoy a specially arranged cruise aboard a traditional flat-bottomed boat in the shade of picturesque plane trees lining the grand, 17th-century Canal du Midi, a UNESCO World Heritage site that winds past serene vineyards and tranquil villages and features unique oval locks and stone bridges.

C’est Bon/Culinary Traditions

Cultural Enrichment: By special arrangement, enjoy lunch in a local restaurant and an exclusive cooking demonstration featuring le cassoulet.

Floure
In the heart of Cathar Country lies Floure—a tranquil small village comprised of quaint, ivy-covered stone cottages with time-worn wooden shutters and colourful blooms in window boxes, surrounded by lush vineyards.

Cultural Enrichment: Experience a special Town & Country Life® Forum with local residents, who will discuss daily life in the South of France.

Carcassonne
Settled on the former frontier between France and Spain along ancient trade routes linking the Atlantic Ocean with the Mediterranean Sea and...
the Iberian Peninsula, and occupied since the sixth century B.C., Carcassonne—the largest walled city in Europe—was fortified by the Romans, conquered by the Visigoths in the fifth century, captured by Persians in the seventh century, and later invaded by Franks and overrun by Barbarians. Each of these civilizations left their indelible influence on the extraordinary architectural and artistic heritage of this city over the centuries. The medieval core of Carcassonne that remains today, La Cité, is an extraordinary UNESCO World Heritage site. Walk La Cité's cobblestone streets and visit the Romanesque-Gothic-style Basilica of Saints Nazarius and Celsus, and the medieval Château Comtal, a former Cathar castle.

**CULTURAL ENRICHMENT:** Enjoy time on your own to explore Carcassonne.

**Abbaye de Fontfroide/Corbières Wine Region**

Travel into the scenic, rugged Corbières Mountains, home to the incredibly well-preserved Cistercian Abbaye de Fontfroide, founded in 1093. Walk through its Gothic arched chapter hall and cloisters, and stroll the abbey's lush gardens filled with more than 3000 rose bushes.

**CULTURAL ENRICHMENT:** Enjoy a private tour of the historic château and wine cellars of a renowned family-owned estate and enjoy a tasting of four regional wines.

**Caunes-Minervois/Minerve**

The renowned Minervois wine region, whose appellation produces rich red wines from the Carignan, Grenache and Syrah grapes, and white wines including Viognier, Clairette Blanche and Muscat, was named for the Roman goddess Minerve and is comprised of incredible sweeping scenery, fortified medieval villages and verdant, rolling vineyards. In Caunes-Minervois, see the Châteaux de Lastours and visit the Benedictine abbaye, featuring a mélange of architectural periods, from an eighth-century foundation to early southern-Romanesque art to 18th-century stained glass. Inhabited since prehistoric times and fortified in the Middle Ages, the village of Minerve overlooks the sweeping French countryside from high atop a rugged gorge at the confluence of the Cesse and Briant Rivers. Visit the Église St-Étienne, the village's austere Romanesque church consecrated by the Bishop of Narbonne in A.D. 456, and its museum devoted to prehistoric archaeology of the region.

**CULTURAL ENRICHMENT:** Enjoy time on your own to explore the cobblestone lanes of the medieval village of Caunes-Minervois.
In Albi
◆ Three nights in the historic HOTEL MERCURE ALBI BASTIDES, ideally located overlooking the River Tarn and with views of the medieval old city of Albi.
◆ Private Welcome Reception in the hotel.
◆ Breakfast each day and one dinner with wine in the hotel.

In the Château de Floure
◆ Four nights in the charming CHÂTEAU DE FLOURE, in the village of Floure near historic Carcassonne.
◆ Breakfast each day and two dinners with wine in the château.
◆ Private Farewell Reception in the château.

Expert-Guided Excursions
◆ Walking tour of provincial Albi, a UNESCO World Heritage site and once a stronghold of the Cathars, including a visit to the impressive, 13th-century Cathédrale Sainte-Cécile.
◆ Full-day excursion to the UNESCO World Heritage site of Carcassonne, including visits to the Romanesque-Gothic-style Basilica of Saints Nazarius and Celsus, and the impressive archaeological museum in the restored Château Comtal, a former Cathar castle.
◆ Visit to the extensively restored Romanesque former Cistercian Abbaye de Fontfroide, including its church, cloister, chapter hall and rose garden.

Exclusive Cultural Enrichments
◆ Two tastings of local wines—at a family-owned estate in the village of Noailles near Cordes-sur-Ciel and at a winery amid the beautifully rugged Corbières Mountains.
◆ Three lunches featuring regional cuisine and wine—in the medieval town of Albi, at the Abbaye de Fontfroide and in Castelnauaudary, featuring a "C'EST BON! CULINARY TRADITIONS™" demonstration of traditional cassoulet.
◆ Tour of the acclaimed Musée Toulouse-Lautrec in the 13th-century Palais de la Berbie, exhibiting the world's largest collection of the artist's work.
◆ Tour of the comprehensive Goya Museum in Castres, housing the largest collection of Spanish artwork in France.
◆ Cruise aboard a traditional flat-bottomed boat on the UNESCO-designated Canal du Midi.

Enhanced Travel Services
◆ Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined above, led by experienced, local guides.
◆ Gratuities to local guides and drivers on included excursions.
◆ Complimentary bottled water on excursions.
◆ Hospitality desk in the hotel and château.
◆ The services of an experienced Gohagan & Company Program Director throughout the travel program.
◆ Complimentary use of a state-of-the-art audio headset for each participant while on guided excursions.
◆ Travel document wallet, name badge and pre-departure information.
◆ Automatic $250,000 USD flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Golden Age of Toulouse
Pre-Program Option
A medieval university town, and in the 13th century, Europe's second largest city, Toulouse lies along the sun-kissed banks of the Garonne River in the idyllic South of France. Explore the extraordinary Les Jacobins, the first Dominican monastery in the world, established in France in 1230. Enjoy a walking tour through Toulouse's centuries-old cobblestone streets and discover the city's most impressive Romanesque and Gothic churches built between the 11th and 14th centuries and its opulent 16th-century mansions. Accommodations for two nights are in the ideally located GRAND HOTEL DE L'OPERA in Toulouse.

Medieval Cathar Mystique
Post-Program Option
Deep in the heart of Pays Cathare stand the awe-inspiring castles and fortified towns—rich with beguiling mystery and religious intrigue—built on the foothills of the Pyrénées Mountains by this Christian denomination that flourished during the 12th and 13th centuries in the historic region of Languedoc. Encounter two of the “Five Sons of Carcassonne”—see the largest of these fortresses, Peyrepertuse, perched on a 700-metre hilltop, and visit well-preserved Château de Quéribus, site of the Cathars’ last stand. Visit the 10th-century bastide town of Mirepoix; the enigmatic hilltop village of Rennes-le-Château, with its centuries-old legends of the Holy Grail and the Knights Templar; and picturesque Alet-les-Bains, built on a natural hot spring. Visit the unusual rock-hewn troglodyte Church of Sainte-Marie in Vals; and visit Château de Foix, a castle dating from the Middle Ages. Enjoy a specially arranged tasting of the region’s famous Blanquette de Limoux—the world’s first sparkling wine—at a historic, family-owned estate. Accommodations for three nights are in the charming CHÂTEAU DES DUCS DE JOYEUSE, an authentic 16th-century castle turned hotel in the village of Couiza.

The Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

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The small villages and verdant, rolling vineyards that dot the landscape of the historic Languedoc region have produced some of the most celebrated wines in France and the world for over 2600 years.

LAND TARIFF excluding taxes*

In U.S. dollars, per person, based on double occupancy

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<th>Early Booking Tariff* through March 16, 2017</th>
<th>Tariff* after March 16, 2017</th>
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Singles are available upon request for an additional $900 USD.*

*Taxes are an additional $295 USD per person and are subject to change.

Languedoc Reservation Form

Send to:
2017 Town & Country Life® Languedoc
McMaster Alumni Association
1280 Main Street West
Alumni House
Hamilton, ON L8S 4K1
Canada
Phone: 905-525-9140 ext. 24882
Fax: 905-524-1733

Program reservations require a deposit of $600 USD per person and $200 USD per person Golden Age of Toulouse Pre-Program Option and/or $200 USD per person Medieval Cathar Mystique Post-Program Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our cheque(s) for $__________ as deposit.

Make cheques payable to Thomas P. Gohagan & Company.

I/We authorize you to charge my/our deposit of $__________ to:

- [ ] Visa
- [ ] MasterCard

Card Number Exp. Date

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by cheque, wire transfer or credit card by June 13, 2017.

LAND TARIFF excluding taxes*
Painters, sculptors, poets and writers have long been captivated by the simple beauty of Languedoc, including Albert Camus, who was awarded the Nobel Prize for Literature in 1957.

**RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT**

**RESPONSIBILITY:** Thomas P. Gohagan & Company, the sponsoring association, organizations, and its and their employees, shareholders, sub-contractors, agents, contractors, representatives, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, riots from or attacks by animals, insects or pests, strikes or other labour activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner's risk. The right is reserved to substitute vessels, hotels or other facilities for any reason whatsoever. Gohagan reserves the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Gohagan shall not be liable for any loss of any kind as a result of any such changes. Ship schedules, port calls, hours of arrival and departure, sightseeing events, special programs and guest lecture series (if applicable), are subject to change or cancellation. Gohagan reserves the right to substitute motorcoach transportation using hotels, inns or lodges for cruising, or to substitute ocean or river cruise vessels at any time, for any reason whatsoever. Gohagan reserves the right to cancel any trip for any reason including but not limited to the cancellation of a sufficient number of participants, or if Gohagan determines to do so due to the rigours and requirements of participating in the activities, or who is unable to make the journey due to illness or other health concerns.

All programs require physical independence and are not considered suitable for those who may require the use of special medical attention or physical assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance from your travelling companion and climb stairs without assistance. Travelers requiring assistance must travel with a companion who will be responsible for handling equipment.

**PHYSICAL ACCESSIBILITY:** All programs require physical independence and are not considered suitable for those who may require the use of special medical attention or physical assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance from your travelling companion and climb stairs without assistance. Travelers requiring assistance must travel with a companion who will be responsible for handling equipment.

**CANCELLATIONS:** Be substituted only at the full-fare tariff. Cancellation penalties may apply. Please consult your tour confirmation for further details. Cancellation penalties are: 100% of the published full regular tariffs; from 6 to 14 days prior to departure, 50% of the published full regular tariffs; from 15 through 26 days prior to departure, 25% of the published full regular tariffs; from 27 through 44 days prior to departure, 15% of the published full regular tariffs; from 45 through 94 days prior to departure, 5% of the published full regular tariffs; from 95 through 119 days prior to departure, 1% of the published full regular tariffs; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 45 through 94 days prior to departure, 50% of the published full regular tariffs; from 22 through 44 days prior to departure, 30% of the published full regular tariffs; from 12 through 21 days prior to departure, 20% of the published full regular tariffs; from 10 through 11 days prior to departure, 10% of the published full regular tariffs; from 8 through 9 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 75 through 119 days prior to departure, 75% of the published full regular tariffs; from 45 through 94 days prior to departure, 50% of the published full regular tariffs; from 22 through 44 days prior to departure, 30% of the published full regular tariffs; from 12 through 21 days prior to departure, 20% of the published full regular tariffs; from 10 through 11 days prior to departure, 10% of the published full regular tariffs; from 8 through 9 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person; from 120 days prior to departure, no increased costs will be passed on to the participant. Pre/Post Program(s) per person;